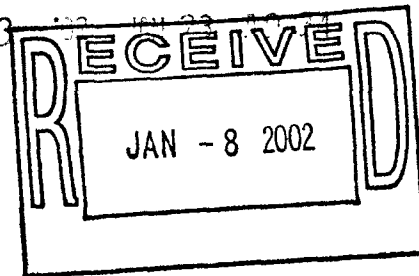


Natural Factors Nutritional Products Inc.

December 3, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Magnesium Citrate

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

Text of side Panel: Natural Factors Magnesium Citrate capsules contain 150mg of this extraordinary mineral. Magnesium is necessary for hundreds of enzymes reactions in the body and for normal heart function. It is necessary for protein synthesis, carbohydrate metabolism, proper muscle function and helps to absorb calcium and potassium.* Citrates are extremely well absorbed and well-tolerated by the body making Natural Factors Magnesium Citrate capsules an excellent way to get this important mineral.

Text of PDP: SUPPORT FOR MUSCLE AND HEART FUNCTION*

Name of dietary ingredient that is the subject of statement: Magnesium Citrate

Name of dietary supplement: Magnesium Citrate 150mg

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President


Date

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050

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